52nd CARDIOCON 2023: ABSTRACT

A COMPARATIVE STUDY OF SUB-SPECIALTY SELECTION AMONG ADULT CARDIOLOGY FELLOWS: DOES GENDER PLAY A ROLE?

Reema Qayoom¹, Zubair Mumtaz¹, Faisal Qadir¹, Abdul Mueed¹, Ghulam Kubra¹, Muhammad Mohsin¹

¹National Institute of Cardiovascular Diseases, Karachi, Pakistan

Objectives: This study is aimed to determine the factors that influence the selection of subspecialty training among adult cardiology FITs and whether this differs by gender.

Methodology: A multiple-choice online survey was conducted on 198 cardiology Fellows-intraining (FITs) in Pakistan from January-May 2023 to assess the determinants of their career paths in clinical cardiac electrophysiology, interventional cardiology, cardiac imaging, and critical care. The survey tool was used for data collection.

Results: A total of 198 FITs completed the survey; 36% anticipated specializing in interventional cardiology (IC), 28% in Electrophysiology (EP), 12% in critical care (CC), 15% in cardiac imaging (CI) and 9% were unsure. Among IC and CC group, there was male FIT dominance (70% and 54% respectively) and likelihood of getting employment after completing training was most important factor in both sub-specialties (P < 0.001). Among EP and CI group, there was predominance of women FIT (76% and 56% respectively). The most important factor that influenced FITs to pursue EP was a strong interest in the field and female role model (P < 0.001), while for CI minimal radiation exposure and flexibility in job were important factors (all P < 0.001).

Conclusion: Female FITs are less inclined to choose interventional cardiology as future career path because of increased radiation exposure and old-boys club. Conversely there is growing trend for female FITS inclination towards choosing Electrophysiology, this is in contrast to similar study conducted internationally.

Keywords: sub-specialty selection, adult cardiology fellows, gender differences

Citation: Qayoom R, Mumtaz Z, Qadir F, Mueed A, Kubra G, Mohsin M. A Comparative Study of Sub-Specialty Selection Among Adult Cardiology Fellows: Does Gender Play a Role?. Pak Heart J. 2023;56(Supplement_2):S8. https://doi.org/10.47144/phj.v56iSupplement_2.2680

Corresponding Author: Reema Qayoom, National Institute of Cardio Vascular Diseases, Karachi, Pakistan.