

THE REJUVENATED JOURNAL

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Pakistan Cardiac Society is one of the oldest and most prestigious professional societies of Pakistan. Through continuous hard work of the dedicated members it is carving a new niche for herself. There has been a steady increase in number of members and newer initiatives have been taken by those at the helm of affairs to make the society more vibrant and relevant in combating the ever growing newer challenges. Intense efforts have translated into more international visibility with joint sessions with American College of Cardiology in USA and Pakistan. An exclusive session is planned at World Heart Federation, to be held in Dubai, to discuss prevention of coronary artery disease in Pakistan. Recently held twentieth biennial Cardiac Society meeting saw many innovative steps to address the demands of cardiologists in training.

Welcome to the 'rejuvenated' official journal of Pakistan Cardiac Society - now published from Lady Reading Hospital, Peshawar. It is one of the oldest journals of Pakistan and has seen 44 springs and autumns. The credit goes to the previous editors who worked very hard for its success. So far, it has been published biannually but from now onwards it shall be published quarterly. The number of articles will be increased by two to three folds. Newer sections will be added and we will welcome input from our esteemed cardiologists more so in the form of original research, reviews, short reports, clinical quizzes, brief communications and letters to the editor. The editorial board, under twelve different sections, has a unique mix of international and national Cardiologists from all over the world. Their active participation will enhance the quality of the journal.

The journal encourages the role of super-specialties as they continue to grow under the umbrella of Pakistan Cardiac Society and will help to establish dedicated sections with their collaboration. The future plan may sound ambitious but after a year or so we will like to launch a new journal, under the same umbrella, dedicated to Interventional Cardiology. The next in line will focus on Preventive Cardiology and Cardiac Imaging. This shall be followed by journals dedicated to Electrophysiology and Paediatric Cardiology. The success depends on the response and interest of the academicians and researchers like you!

This new journal has an interactive website with state-of-art facilities for online submission, peer review, tracking of articles under review and availability of full text articles with author and subject based search. Enhanced visibility on web shall attract more articles and hence elevate the stature of journal. The aim is to

earn a berth among the reputable journals indexed and distinguished by a high impact factor.

Biennial Pakistan Cardiac Society meetings offer a unique national platform to share the experiences of clinical and basic research. The aim of the conference is to disseminate new knowledge, encourage research and more importantly open new avenues of imagination and creativity for the trainees and faculty. 20th Biennial Cardiology Conference hosted in Peshawar on December 23-25th realised most of the set goals. The meeting immensely benefitted from active participation of Association of Pakistan descendent Cardiologists of North America (APCNA) as an integral partner. This meeting offered five parallel sessions: state of art presentations, presentations based on local research, live telecast of interventional and electrophysiology procedures in adults and paediatric population performed by international and local experts, and two concurrent dedicated workshops. There was emphasis on hands-on training and for the first time twenty seven special interactive workshops had been planned to enhance knowledge and improve skills of young cardiologists. For the first time ever there was a joint session of American College of Cardiology and Pakistan Cardiac Society on the emerging field of Cardiac Imaging. Poster session attracted nearly fifty posters. There were dedicated sessions on Preventive Cardiology, Quality assurance, Paediatric Cardiology and Electrophysiology. All abstracts were published in a supplement of a recognized journal – JPMI to enhance its scientific value. For the first time, TOACS were organised for the candidates of FCPS examination. The conference had an informative and interactive website. Abstracts were submitted online and registration for the workshops was, also, done online. To encourage original research and stimulate innovative thinking the conference recognized outstanding contributions.

Proactive efforts are required to inculcate the culture of research at all levels and formulate a research agenda for Pakistan. We wish to foster exchange of information among clinicians, researchers and health care professionals. The eventual goal is to translate the research and scientific advances into patient benefit. Journal reflects what you submit and the quality can only improve if we all work harder and contribute more.